



ST. JOSEPH'S HIGHGATE

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PARISH BULLETIN

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20
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Registered Charity 1173084

Aura Farming

In the hustle and bustle of everyday life, the story of Mary and Martha from Luke 10:38-42 offers a profound message about finding peace and power in the presence of Jesus. While Martha was busy preparing for her guest, Mary chose to sit at Jesus' feet, drinking in His teachings. Jesus praised Mary for her choice, illustrating the value of spiritual nourishment over worldly tasks.

This biblical tale resonates with a modern concept called 'aura farming', which focuses on cultivating one's inner self. It's about being authentic and present, much like young Rayan from Indonesia, who became famous simply by being true to himself—joyful and genuine. Aura farming encourages us to embrace our unique identities and find fulfilment



in spiritual growth rather than external validation.

From Mary and Martha, we learn key lessons about prioritizing what truly matters. First, we are reminded to "own our look" by being genuine and present like Mary, who prioritized her time with Jesus over societal expectations. Second, we are encouraged to "say less and do more," embodying the stillness that Mary exemplified as she sat at Jesus' feet.

In practicing these lessons, we can forget our cares, feed our souls, focus our priorities, and ultimately find ourselves, as Mary did, in the peace and contentment that comes from being in Jesus' presence.

This week, I invite you to embrace the quiet moments with God. Let's be farmers of the soul, nurturing our spiritual aura—not through doing more, but by being still and knowing that He is God. Amen.

ST. JOSEPH'S PARISH: Invitation to a Sacred Journey of Faith

Dear Parish Family,
We are filled with joy to announce that applications for St. Joseph's Communion and Confirmation Programmes for 2025 are now available! This is a precious opportunity for our young ones and those inspired at any age to deepen their faith through these sacred sacraments.

First Holy Communion

For our cherished children aged seven and above in Year 3 or higher, we invite you to embark on this spiritual voyage. Preparation sessions are beautifully integrated into our 10am Sunday Mass from January through June. Please ensure that your application forms are submitted by October 1st. For more information, feel free to reach out to us at communion.joseph@gmail.com.

Confirmation

To all the vibrant students entering Year 9 or above this September, we warmly welcome you to apply for the Sacrament of Confirmation. Please collect an application

form from the Church porch and remember to include a copy of your baptismal certificate, even if the sacrament was celebrated at St. Joseph's. All forms must be submitted by October 1st. For queries, contact confirmation.joseph@gmail.com.

For Adults

If you feel inspired to complete your sacraments of initiation, we encourage you to speak with our priests, who are ever ready to support you on this path.

We are also excited to announce that a recently confirmed young parishioner has embraced the role of "Young Catechist" to mentor others. Year 12 students and above who wish to contribute to this enriching ministry are invited to email us or speak with Fr. George.

Join us as we walk together on this sacred path of faith and growth. Visit our website for more details, and come be an integral part of our spiritual family at St. Joseph's Parish.

Volunteer as a Catechist: Ignite the Light of Faith

"Catechists are people who keep the memory of God alive; They keep it alive in themselves, and they are able to revive it in others." - Pope Francis

Dear Parishioners,

We invite you to consider a fulfilling opportunity to become a catechist and help nurture the faith of our community. Whether guiding children through Communion and Confirmation, leading the Children's Liturgy, or supporting adults in the RCIA Programme, your dedication can inspire lasting spiritual growth. Embrace this chance to share the joy of faith and make a meaningful difference in the lives of others. Join us in this sacred mission and reignite the divine spark within our parish community.

Supporting Our Parish: A Heartfelt Thank You

At St. Joseph, our community blossoms thanks to your incredible generosity, and we are profoundly grateful for it. Our faith encourages joyful giving, not out of duty, but as a reflection of our priorities and the love in our hearts. When Christ is central to our lives, supporting the church becomes a natural expression of our spiritual commitment. We rely on your generous contributions to sustain St. Joseph and enable our parish to flourish.

Remember, God seeks your heart, not your money. Our giving is a response to the countless blessings God has bestowed upon us, allowing us to worship and reflect His selfless love. By investing in what God cherishes, we actively participate in building His Kingdom and experience the joy of His abundant love.

Ways to Give:

- Giving Stands: Utilize our new 'Giving Stands' at the church entrance.
- Online: Donate via PayPal on our website.
- Standing Order & Gift Aid: Forms are available on our website.
- Legacy Gift: Consider including us in your will to support future endeavours.

Thank you for your steadfast support in nurturing our cherished parish.

Nurturing a Community of Love and Service

Dear Beloved St. Joseph's Family,

In the spirit of unity and love, we are called to share our unique gifts and talents, touching lives and uplifting spirits. As Scripture beautifully reminds us, "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." (1 Peter 4:10)

Volunteering within our church is a wonderful way to not only enrich our community but to also experience the joy of giving. Our church is blessed with many devoted volunteers who generously offer their time and talents to a wide range of activities, making a profound impact.

We warmly invite you to explore our Parish Groups & Activities. If you find an area that resonates with you, we encourage you to

reach out to the Parish Office for more details on how you can get involved. Currently, we're seeking enthusiastic volunteers to join our various ministries at St. Joseph's, including:

- **Parish Council** ● **Counting**
- **Social Media Management**
- **Welcome Ministry Coordinator**
- **Catechists** ● **Youth Ministers**
- **Event Managers** (for events like the Christmas Bazaar and Bring and Share Lunch)

Your participation will be a blessing to our parish family. If your heart is moved to serve, please do not hesitate to contact the Parish Office. Your involvement will be cherished and greatly appreciated.

Thank you for considering this beautiful journey of service and fellowship with us. Blessings and heartfelt gratitude.

Catholic Certificate in Religious Studies course (CCRS)

This course run in partnership with Westminster Diocesan Education Service (WDES) is suitable for catechists and lay ministers wishing to deepen their knowledge of their Catholic faith.

The course lasts 18 months to 2 years.
For further details, contact Anna at
annadupelycz@rcdow.org.uk

Celebrate Festival Witness to Hope: 16-20 August 2025 at Worth Abbey Sussex. This relaxed faith-filled festival is to inspire people of all ages and families to live an authentic Christian life in the Holy Spirit. Speakers include Fr Roberto Pasolini (Preacher to the Papal Household) and Rachael

Turner of Parenting for Faith.

'The Well: An Evening of Beauty, Reflection, and Eucharistic'

- Christopher West and Mike Mangione at St. George's Cathedral, Southwark on Thursday 11 September 7 -9:30pm.

Booking essential.

Young Adults Assumption of Mary Mini Retreat with the Assumption Sisters

on Saturday 9th August 2025, 2.30pm – 5.30pm. Venue: Milleret House, 20 Kensington Square, London, W8 5HH (closest tube station: High Street Kensington). Programme includes: prayer • reflection • adoration • social. Donations only. Register by emailing to: rebecca@assumpta-eu.org



We are profoundly grateful for your generous contributions to last weekend's collection, totalling an impressive £1288. Your kindness and support empower us to serve and nurture God's Kingdom. Together, we make a significant impact on our community and beyond. May God's blessings shower upon you and your loved ones. Thank you sincerely for your support.

SAVE THE DATE

Lection Divina • Tue. 7pm-8pm
at Red Room • 10:30am-12 at Bupa

Mass intentions from 19th July 2025

"I would be disobeying the LORD if I stopped praying for you!" 1 Sam. 12:23

Sat, 19 July 2025	07.00 pm	Kevin Devane(Anni.) Fergus Walsh, Ester Connaughton	Lately Dead
Sun, 20 July 2025	08.00 am	Nguessan Bohoussou	Lately Dead
	10.00 am	JP Bradley(Sick), Josephine Walls, Kevin Ahern, Ann Flaherty, Mary Mungovrn	Anniversary
	12 noon	Mary Coyle(B'Day), Donnaehui MacNiallhuís(LD), Aideen Phillips	Anniversary
Mon, 21 July 2025	07.00 pm	Missa PP	Intentions
	09.30 am	Tadeo Uong	Anniversary
	06.30 pm	Clement Robert Griffith	Sick
Tues, 22 July 2025	09.30 am	Kirsten Law	Intentions
	06.30 pm	Frederick Ntow(Intns), Pauline Cunningham	Anniversary
	09.30 am	Lizzie	Intentions
Wed, 23 July 2025	06.30 pm	Passionist Mass Guild	Intentions
	09.30 am	Patrick O'Sullivan	Anniversary
	06.30 pm	Frederick Ntow	Intentions
Thur, 24 July 2025	09.30 am	Passionist Mass Guild	Intentions
	06.30 pm	Passionist Mass Guild	Intentions
	09.30 pm	Passionist Mass Guild	Intentions
Fri, 25 July 2025	09.30 am	Passionist Mass Guild	Intentions
	06.30 pm	Passionist Mass Guild	Intentions
	09.30 pm	Passionist Mass Guild	Intentions
Sat, 26 July 2025	09.30 pm	Passionist Mass Guild	Intentions

Mass Intentions get fully booked for several weeks ahead.
If you would like a Mass said on a particular date or anniversary it is advisable to request it in good time.

SIXTEENTH SUNDAY IN ORDINARY TIME Gn 18: 1-10a/ Ps 15: 2-3. 3-4. 5 (1a)/ Col 1: 24-28/ Lk 10: 38-42, **Mon: Lawrence of Brindisi, p, r, dr.** Ex 14: 5-18/ Ex 15: 1bc-2. 3-4. 5-6/ Mt 12: 38-42, **Tue: Mary Magdalene, disciple of the Lord F,** Ex 14: 21 -- 15: 1/ Ex 15: 8-9. 10 and 12. 17/ Jn 20: 1-2. 11-18. **Wed: Bridget of Sweden, mw, rf,** Ex 16: 1-5. 9-15/ Ps 78: 18-19. 23-24. 25-26. 27-28/ Mt 13: 1-9, **Thu: Sharbel Makhluf, p.** Ex 19: 1-2. 9-11. 16-20b/ Dn 3: 52. 53. 54. 55. 56/ Mt 13: 10-17, **Fri: James, ap F,** 2 Cor 4: 7-15/ Ps 126: 1bc-2ab. 2cd-3. 4-5. 6/ Mt 20: 20-28. **Sat: Joachim and Anne, parents of the Virgin Mary M,** Ex 24: 3-8/ Ps 50: 1b-2. 5-6. 14-15/ Mt 13: 24-30. **SEVENTEENTH SUNDAY IN ORDINARY TIME,** Gn 18: 20-32/ Ps 138: 1-2. 2-3. 6-7. 7-8 (3a)/ Col 2: 12-14/ Lk 11: 1-13

Welcome to St. Joseph

God loves everyone. No exceptions.

St. Joseph's Welcomes You. We are here for you! We Invite you to join us on the spiritual journey as we learn and grow together, and as we seek to help and serve others.

MASS TIMES - Weekdays: 9:30am, 6:30pm,
Saturdays: 9:30am followed by adoration until 11am,
7pm Vigil Mass. Sunday: 8am, 10am, 12noon, 7pm
Sacrament of Reconciliation
Saturday: 10am to 10:30am and from 6:30pm to 6:45pm.
Weekdays on request