



ST. JOSEPH'S HIGHGATE

Registered Charity 1173084

PARISH BULLETIN

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4 FEBRUARY 2024



The Power of the Pause

In the gospel for today Jesus reminds us of the importance of rest. In this passage, we find Jesus to be extremely busy. We can assume that the events in this story happen at the end of the Sabbath day. It seems that Jesus heals and works until late into the night. Eventually, he heads out to find a quiet place to pray. Even Jesus needs time alone with God to rest and replenish himself. This is not new to us. We know that Jesus takes time to pray with God on several occasions during his ministry. Next, we read that the disciples try to coax Jesus into coming back to heal more people. It is significant to me here that Jesus does not heal every person who is in need. It seems there would not have been time for him to do that and to continue his work of proclaiming his message.

Jesus is clear about his purpose and what he is in this world to do. In today's text, by his actions, Jesus shows us what it looks like to rest, to take time to abide with God; he reminds us that this is to be a part of our lives as well. Jesus shows us that who is more important than the things we do and accomplish. Sometimes, the call is to rest because, this is a call to replenish ourselves and it is a call to humility – realizing that we are not responsible for everything, and that the world will go on spinning even if we take a break. Jesus knew that living well did not mean he had to heal every person. Rest and rejuvenation are as important as the work we do.

Jesus drew his awareness of who he was from God – and he replenished himself in that awareness by spending time alone with God. Who are you when you think of yourself in relationship to God? Who are you when you strip away all of the things you do and you take time to be still? Do you take time to be with God so that you can connect with the source of all life and specifically, the source of your life? As we consider Jesus' actions in this text, may we too know that we are more than what we do, and may we strive to value rest as much as we value accomplishment.

Parish Centre

Dear Parishioners

For many years, St Joseph's Parish Centre has been an integral hub for our parish community. It is located just behind the main church and features several communal activity rooms and a licensed bar.

Our Parish Newsletter and website will regularly feature news on events and activities at the Parish Centre for our St Joseph's community to participate in and enjoy.

Aligned to the governance of the parish, the operations of the Parish Centre are overseen by the Parish Centre Committee, on behalf of the Trustees of St Joseph's. The terms of reference for the committee is available on our parish website at stjosephshighgate.org.uk.

The Trustees are currently seeking volunteer members for the Parish Centre Committee and welcome all parishioners who are keen on undertaking the role to apply. If you would like to serve on the committee, please send an email stating your interest to stjosephsparishcentrecommittee@gmail.com by Thursday 15 February.



Ash Wednesday Mass Schedule

14th February 2024

May the God who sees our giving,
May the God who hears our praying,
May the God who sustains in our fasting,
May the God who knows our motives,
Hold in trust our reward for all eternity. Amen.

9:30am
6:30pm

We worship and serve a "give first" God, who calls us to imitate God's selfless, life-giving ways. When we give to what God cares about, we share in the work of building God's Kingdom. When we give generously, we share in the true nature of God's abundant love.



Last weekend's collection amounted to £1432. Exit Collection-£510. Thank you very much.

100 Club Results

The January draw was held in the Monastery on 1st February. The number of entries was 90 and the winners were: **£400 John Kennedy (15), £100 Member 73, £50 Jessica Gomeze (27).** Thank you once again to those who support the parish in this way.



Church Cleaners



Do you have one hour to spare once a week on a Friday afternoon? Join one of our friendly church cleaning teams for hoovering, light mopping and good company to keep our church looking in good order. All help welcome and appreciated. For more information, please contact the parish office at joseph.highgate@gmail.com

CHILDREN'S LITURGY



We'll be thinking about
In today's Gospel we also notice the importance of prayer in Jesus' daily life. We also hear more about Jesus' miracles.



We'll be talking about...
We also hear about Jesus going to a quiet place to pray. How do you pray? Jesus prepared himself by praying, how can we do the same?



We'll be praying for...
This week - Think of something you'd like to pray for. After each thing say the words, "Lord, hear our prayer."



Our Gospel is about...
Today we continue to read from Mark's Gospel, learning more about the ministry of Jesus. Jesus cured Simon's mother-in-law, and she immediately began to serve Jesus and his disciples. Jesus also cured many others who were brought to him, healing their illnesses and driving out demons.



- Sarah Duncan



Lent Group 2024

This single short prayer of Christ has everything that needs to be said about God, his kingdom, his life, about all of us' - Fr Alexander Schmemmann

Looking for inspiration this Lent? Our Lent Group is right here to provide you with bite-sized reflections, prayers and insights to guide, encourage and challenge you as we approach Easter.

Our Lent Group meets in the Red Room at 11am every Lenten Tuesdays (February 20th - March 19th) We follow Westminster Course for 2024 "We Dare to Say."

Please find the sign-up chart in the church porch and let us have your contact number or email if you would like to join us. We look forward to meeting you and journeying together with you this Lent!



WORLD DAY OF PRAYER

Prepared by the women of Palestine.
At St. Joseph's Highgate
FRIDAY | 1 | MARCH 2PM
(A WOMEN LED, GLOBAL, ECUMENICAL MOVEMENT)
'I beg you, bear with one another in love'
Help would be appreciated.

PLEASE PRAY

FOR THE RECENTLY DECEASED MEMBERS OF OUR PARISH AND THEIR GRIEVING FAMILIES



Anna Josephine McLoughlin
(Thu. 8 Feb. 11am)
Sheila Buckley (Fri. 9 Feb. 10am)
Olivia Freitas (Mon. 26 Feb. 11am)



Café Connect

Please stick around the Red Room after 10am Mass and join the Café Connect to meet and greet with some great folks.



MASS INTENTIONS FOR WEEK BEGINNING 04 February 2024

"I would be disobeying the LORD if I stopped praying for you!" 1 Sam. 12:23

Date	Time	Intention	Category
Sat, 03 Feb 2024	07.00 pm	Rosanna(Sick), Josie Kelly, Carla Elide,	Lately Dead
Sun, 04 Feb 2024	08.00 am	Tariq Darr(B'Day), Sofia Darr	Anniversary
	10.00 am	Barbara Ryde(LD), Kieran Friel, Halina Kriminetska	Sick
	12 noon	Josie Munnelly(LD), Bernadette Ward, Bridie McNamee	Anniversary
	07:00pm	Missa PP	Intentions
Mon, 05 Feb 2024	09.30 am	McDonagh Family, Holy souls	Intentions
	06:30pm	Votive-Holy Innocents, Kieran Friel(Sick)	Intentions
Tue, 06 Feb 2024	09.30 am	Sr. Rita Rafferty, Holy Souls	Intentions
	06.30 pm	Josie Kelly,	Lately Dead
Wed, 07 Feb 2024	09.30 am	Kathrina Libar	Sick
	06.30 pm	Romana Oleska	Lately Dead
Thu, 08 Feb 2024	09.30 am	Michael, May, Mammie Rosegrave	Anniversary
	06.30 pm	Shirley Kathleen Nesbitt	Lately Dead
Fri, 09 Feb 2024	09.30 am	Passionist Mass Guild	Intentions
	06.30 pm	Passionist Mass Guild	Intentions
Sat, 10 Feb 2024	09.30 am	Josie Kelly	Lately Dead

Mass Intentions get fully booked for several weeks ahead. If you would like a Mass said on a particular date or anniversary it is advisable to request it in good time.

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SUN: Jb 7: 1-4, 6-7, 1 Cor 9: 16-19, 22-23, Mk 1: 29-39 **Mon:** Agatha, 1 Kgs 8: 1-7, 9-13, Mk 6: 53-56
Tue: Paul Miki, 1 Kgs 8: 22-23, 27-30, Mk 7: 1-13 **Wed:** 1 Kgs 10: 1-10, Mk 7: 14-23
Thu: Josephine Bakhita, 1 Kgs 11: 4-13, Mk 7: 24-30 **Fri:** 1 Kgs 11: 29-32; 12: 19, Mk 7: 31-37
Sat: Scholastica, 1 Kgs 12: 26-32; 13: 33-34, Mk 8: 1-10 **NEXT SUN:** Lv 13: 1-2, 44-46, 1 Cor 10: 31 -- 11: 1, Mk 1: 40-45

Welcome to St. Joseph

God loves everyone. No exceptions.
St. Joseph's Welcomes You. We are here for you!
We Invite you to join us on the spiritual journey as we learn and grow together, and as we seek to help and serve others.

MASS TIMES - Weekdays: 9:30am, 6:30pm,
Saturdays: 9:30am followed by adoration until 11am,
7pm Vigil Mass. Sunday: 8am, 10am, 12noon, 7pm
Sacrament of Reconciliation
Saturday: 10am to 10:30am and from 6:30pm to 6:45pm. Weekdays on request



PARISH MASS BOOK
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